

Certified Kinesiotaping Course In UAE

Approved and Certified by the Kinesiotape Association USA

KT1 and KT2

20th & 21st January 2012

Venue: Dhow Palace Hotel, BurDubai, UAE

08:30am till 5:00pm

Cornerstones of the Kinesio® Taping Method:

- Taping over and around muscles in order to assist and give support or to prevent over-contraction.
- Applying stretch to the tape or to the target area in order to create space under the skin and create the desired effect on the musculature.
- Affecting change in deeper layers of fascia by manipulating the skin and muscle.
- Creating space underneath the skin to improve circulation and lymphatic drainage.
- Utilizing a number of corrective techniques to promote correct muscle and joint function
- Pain relief by targeting the pain and the source of the pain
- Utilizing single "I" strips or modifications in the shape of an "X," "Y" or other specialized shapes
- Applying base of tape with no tension to create pull towards the base

Instructor:

EZZAT MOGHAZY, MSc, CKTI
Kinesiotape USA Certified Instructor

Course Fees: 1000 AED (for 2 days)

(This includes only the course fees, one tape, lunch , and certificate of attendance)

Seminar kit which includes the membership and full access to Kinesiotape Association (KTA) Database (198+ Applications),work books will be available at the venue for an additional payment of AED 480.

To be an KTA approved practitioner one should complete KT1, KT2, and KT3 and should be a member of the Association and should successfully pass an online exam.

Target group : The course is open for : Physiotherapist, Occupational therapist,Sports therapist, MDs and other musculoskeletal,sports and rehabilitation specialists.

Contents:

KT1- Fundamental Concepts

(To be taken in conjunction with KTA approved KT2 course)

- Designed to introduce practitioners to the KT Method
- Covers the four major physiological effects- skin, muscle, circulatory/lymphatic and joint
- Features lab sessions to practice KT applications
- Completion will allow attendees to relax overuse syndrome, stimulate weak muscles and decrease pain and swelling

KT2- Advanced Concepts and Corrective Techniques

(Attendees must complete KTA approved KT1 course before taking KT2)

- Builds on material learned in KT1
- Covers the six corrective techniques- mechanical, functional, space, fascia, ligament/tendon and lymphatic)
- Features lab sessions to practice KT applications
- Completion will allow attendees to apply the KT Method to orthopedic and neurological conditions



TO REGISTER

ONLINE : Submit an online registration form from www.physioseminar.net
Mode Of Payments

Cash deposits to any branch of DUBAI ISLAMIC BANK Account No: 30580344339601,
of Mujeeb Noorudeen

OR by **cheque** in favour of Edutrack events Dubai.

For more details: Visit www.physioseminar.net Or Call 0097150 9842173

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