



Instructor:

Claire Waumsley

BSc. PT (Wits)

Dr. Chinese Med AHPCSA.

Claire has been teaching Dry Needling techniques for over 20 years and ten years ago joined up with two of her colleagues to form the company Optimal Dry Needling Solutions, which teaches extensively with in South Africa, Africa, the Middle East including Saudi Arabia, Oman and the UAE, England, Ireland, Scotland, Holland and now in the USA endorsed by IAOM-US (International Association of Orthopaedic Medicine - US) Claire is a co - director od ODNS (Optimal Dry Needling Solutions). Claire's clinical experience began in large rural hospitals in Africa covering all fields within Physiotherapy and later with a focus on spinal cord injuries. Claire later moved into private practice, working mainly within the musculoskeletal field, Her experience in Sports physiotherapy includes ten years involvement with equine athletes, working within the South African Racing and endurance industry. Currently Claire runs an integrative practise on the Cape West coast combining her interests of Dry Needling, Acupuncture and CranioSacral therapy.

Organised in collaboration
with



Cape Town, South Africa

Rationale: Dry needling is an invasive treatment modality used by physical therapists worldwide to treat musculo-skeletal pain and dysfunction. It has evidence-based applications ranging from the treatment of hemiparetic shoulder pain to chronic back pain, lateral epicondylalgia, plantar fasciitis, arthralgias, and myofascial pain syndromes. Health care practitioners attending this course will acquire both the technical skills and the theoretical underpinning required to perform dry needling therapy safely and effectively. The practical component consists of 2 modules of 3 days each. There are 3 academic journal articles for each level which are for pre-course reading (self study). Each day consists of a combination of didactic, interactive lectures and supervised practical sessions where the technique to be learned is first demonstrated to the class, and the class then pairs off to practice. Accurate practicing is ensured by close supervision of the lecturer and the trained assistant/s. ODNS has always striven to be at the forefront of dry needling education. We take clinical efficacy and safety very seriously in the content of what we teach, and apply that to HOW we teach dry needling as well. Benchmarking of dry needling course composition internationally reveals that the reasonably expected minimum requirement for an introductory course be at least 3 days long, focusing on clinical competency. ODNS believes that compliance with international best practice not only serves the interests of those therapists who intend to work in different countries during their careers, but also advances the profession and professionalism.

Target Professionals: Physiotherapists & Medical Doctors

Edutrack Events

Seminars | Conferences | Exhibitions

Dates & Venue 2015

April 30th - May 2nd (3 days)

Timing: 30th April Thu: 2pm – 8 pm

1st May Fri: 8am – 6 pm

2nd May Sat: 8 am – 6 pm

Venue: NAS Sports Medicine & Rehabilitation Centre, Nad Al Sheba Sports Complex, Dubai

CME Accreditation in process

For more details please visit

www.physioseminar.net

Fees: AED 2600 (includes Study materials, Needles to Practice, Refreshments & Certificates

REGISTRATION PROCESS:

Step 1. Submit an Online Registration form at www.physioseminar.net

Step 2. Do the Payment (Options)

- a. Cash Deposit
- b. Bank Transfer
- c. Cheque in favour of Edutrack Events, Dubai

Bank Details:

Account Name: Edutrack Events
Bank Name : Emirates Islamic Bank
Khalid Bin Waleed Street, Bur Dubai. Dubai
Account No : 0014-616272-001
IBAN Number :
AE240340000014616272001
Swift Code: MEBLAEAD

Step 3. Inform us the payment details by Email / SMS

Contact : Mobile: +971 50 9842173

Email: edutrackevent@gmail.com