

Course Philosophy

This manual therapy programme is aimed at merging the examination of the joint, muscle and neural systems into an integrated wholistic examination procedure. We place strong emphasis on teaching clinicians the ability to perform an accurate and specific manual therapy examination. The examination and treatment approach is eclectic, based on a range of different concepts and ideas.

Joint System

As part of the assessment of the joint system we aim to teach a range of passive motion testing procedures. Identification of joint hypo/hyper mobility is an important step in identifying patients likely to respond to manual mobilization. Joints with impaired movement can be treated with a range of mobilization techniques including mobilization with movement.

Neural System

Neural tissue dysfunction is an important aspect of the physical examination. A comprehensive overview of neural tissue pain disorders is presented before assessment procedures and differential diagnosis for 3 types of neural dysfunction, neuropathic pain with sensory hypersensitivity, peripheral nerve sensitization and denervation (axonal compromise). Assessment to distinguish these problems will be demonstrated and practiced. The clinical relevance of distinguishing these different types of disorders will be presented, particularly in relation to management.

Muscle System

An emphasis of this programme is a functional approach to the assessment of the muscle control system. As we address the theoretical concept of “core stability” Recent research appears to be downplaying importance of “core stability” in both spinal peripheral pain disorders. It is important to recognize that not all patients require motor control retraining. There is ample evidence to suggest that only a small proportion of patients have instability. Treating recurring pain disorders with “core strengthening” is not appropriate and the literature shows this does not work. Determining which patients need a more retaining approach is an important part of the programme. A systematic graded, functional approach to the management of patients with motor control impairment will be taught.

A core principle of the programme is the ongoing analysis of the examination findings from the subjective and physical examination procedures. To ascertain an appropriate manual therapy diagnosis a critical analysis is developed through clinical reasoning applied to specific case studies.

This programme does not provide the participants with a recipe approach to treatment. Students will be able to develop their own sound methodology, appropriate treatment strategies with logical progression over time.

Physioseminar.net

Certificate in Peripheral Manual Therapy Course

From the Manual Concepts Australia
held in Dubai, UAE

Aims

At the completion of the 5-day program the participants will:

- Be proficient in applying peripheral joint, neural and muscle examination procedures
- Be proficient in determining a differential diagnosis based on an integrated examination of the joint, muscle and neural systems
- Be able to formulate the most appropriate and effective treatment program suitable for the assessed condition
- Be proficient in applying an appropriate manual therapy treatment strategy incorporating manual treatment techniques and specific exercise

Dates & Venue 2012

Dates: 15th-19th April 2012

Venue: Dhow Palace Hotel, Dubai, UAE.



Instructor:

Kim Robinson

PhD, MSc, Post Grad Dip Manip Ther. Specialist Musculoskeletal Physiotherapist, Fellow of the Australian College of Physiotherapists, Adjunct Senior Teaching Fellow (Curtin University), Senior Teaching Fellow (The University of Western Australia), Accredited Mulligan Concept Teacher. Director Manual Concepts, Booragoon, Western Australia.

Kim Robinson is a Specialist Musculoskeletal Physiotherapist who is an internationally respected teacher of manual therapy. Kim was accepted into Australian College of Physiotherapists in 2007, the highest level of professional recognition in Australia. Kim is partly based at Curtin University, Perth West Australia, where he holds the position of Adjunct Senior Teaching Fellow. Kim has many years experience of teaching manual therapy at a postgraduate level, lecturing in many countries on aspects of manual therapy. He has written a range of book chapters and published articles in relation to researching the evidence base of Manual Therapy. Further details of his publications and teaching experience can be seen on Manual Concepts website.

Organised by

Edutrack Events

Dubai, United Arab Emirates

www.physioseminar.net

Certificate In Peripheral Manual Therapy

Course Content

The course will cover the anatomical and functional basis to the evaluation of pain disorders of the peripheral joints. Of special interest will be clinical practice, emphasizing clinical examination, evaluation, interpretation, differential diagnosis and treatment.

This course will be conducted in lecture, tutorial and workshop format for the clinician or academic who is interested in manual therapy, manual medicine or musculoskeletal medicine. It is anticipated that the course content will be suitable to individuals who are seeking new knowledge, to individuals seeking to expand their knowledge and to those individuals seeking the stimulation of clinical interaction. Whilst the course will be presented at a high level this should not be seen as a barrier to participation for those with little or with no previous experience in this special area. As a result of attending the course it is anticipated that participants will gain personal satisfaction as in a variety of ways that will enhance their individual requirements. There are therefore no pre-requisites for participation

1. Relevant anatomy, pathoanatomy, and biomechanics of the peripheral joints.

2. Regional assessment of the shoulder, elbow, wrist and hand, hip, knee, ankle, and foot

• Analyse posture types and the relationship of posture type to normal movement

and specific dysfunction • Movement analysis and how this relates to specific dysfunction • Clinical pattern recognition • Clinical reasoning • Physical examination procedures aimed at the joint, neural and muscle systems • Use of case histories, written and role-play • Technique demonstration with closely supervised practical sessions • Clinical technique application

3. Development of appropriate diagnostic specific treatment strategies and appropriate treatment technique application

Target Professional: Physiotherapist / Final Year Physio Students

FEES:

4500 AED for 5 days, Includes study materials, certificates, lunch and refreshments.

REGISTER:

Online: www.physioseminar.net

LAST DATE TO REGISTER: March 15, 2012

Payment Modes

Cash Deposits to any branch of DUBAI ISLAMIC BANK Account No: 30580344339601, of Mujeeb Noorudeen.

Cheque in favor of Edutrack Events, Dubai payable at any bank in UAE.

Money Transfer : Call or email us for details

CONTACT DETAILS:

Contact : Mobile: 0097150 9842173

Email: physioseminar@gmail.com